

DR.JADHAV SHITAL BHAGWAT

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Contact Details –

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BIODATA

Educational Qualifications -

Sr. No	Exam	University	Year of Passing
1	B.A.(Psychology)	University of Pune	2008
2	B.Ed.(1.Hindi 2.Geography)	S.N.D.T. Women's University, Pune	2011
3	M.Ed. (1.Hindi 2.Geography)	S.N.D.T. Women's University, Pune	2014
4	M.A(Psychology)	S.N.D.T. Women's University, Pune	2016
5	Ph.D. Complete	S.N.D.T. Women's University, Pune	2024

Department – Department of Psychology

Designation – Assistant Professor

Teaching Experience – PG – 3 Years

UG – 4 Years

Area of Specialization – Counseling Psychology

Research Experience 6 Years

No of Publications – 5

CURRICULUM ACTIVITY -

A) PARTICIPATION IN WEBINAR

Sr No	WEBINAR
1	Shri Seva aadivasi Mahila Mandal, Manovikas Prakalp – After Marital Guidance 7/3/2021
2	Shri Seva aadivasi Mahila Mandal, Manovikas Prakalp – Good Relationship 14/3/2021
3	Shri Seva aadivasi Mahila Mandal, Manovikas Prakalp – After Marriage other Relationship 28/3/2021
4	Shri Seva aadivasi Mahila Mandal, Manovikas Prakalp – Sex Problem and Mentality 14/2/2021
5	Shri Seva aadivasi Mahila Mandal, Manovikas Prakalp – Matured Parent 21/3/2021
6	Shri Seva aadivasi Mahila Mandal, Manovikas Prakalp – Positive Psychology 25/4/2021
7	Shri Seva aadivasi Mahila Mandal, Manovikas Prakalp – College student Mentality and Problems 4/4/2021
8	Shri Seva aadivasi Mahila Mandal, Manovikas Prakalp – Mental Health and Meditation 2/5/2021
9	Shri Seva aadivasi Mahila Mandal, Manovikas Prakalp – Mental Health Carona 16/5/2021
10	Shri Seva aadivasi Mahila Mandal, Manovikas Prakalp – Counselor counseling 25/5/2021
11	Shri Seva aadivasi Mahila Mandal, Manovikas Prakalp – A healthy mind is a healthy body 7/2/2021
12	Shri Seva aadivasi Mahila Mandal, Manovikas Prakalp – Harmony in Relationship 4/4/21

B) WORKSHOP CONDUCTED EXPERIENCE :

Sr. No.	WORKSHOP
1	Workshop Conducted for 2 nd to 7 th Standard Students. Workshop on Anger Control, Mental Health, Time Management, Study Skills, Life Skills in Saint Crisspince Home - Primary school (22 nd to 13 th April 2016).
2	Workshop Conducted for 5 th standard Student. Workshop on Stress Management, Time Management, Teen-agers, Study Skills, in Premleela Vitthaldas Kanya Shala (1 st to 13 th April 2016).
3	How to Write Paper,

4	Positive Self-Talk
5	Motivation
6	Confidence
7	Face to Problem
8	Smart Girl
9	Value Education

C) University Level Workshop

Sr No	UNIVERSITY LEVEL WORKSHOP
1	3 days University Level Workshop On “Psyched 2015 DSM V & ICD 10” Organized by Sp. Mandala’s S.P. College, Pune – 411030 (On 10 th , 11 th , 12 th February 2015)
2	Seminar-Cum-Workshop on: “SPSS: Application in Psychological Research” University of Pune, Department of Psychology, Held On (19 th , March 2012)

D) State Level Workshop Participation

Sr No	State Level Workshop Participation
1	Stress Management at the Workplace State Level Workshop – 16/17, Feb 2019, Mahatma Phule Mahavidyalaya- Pune.
2	State Level Workshop, Pre and Post Marital Guidance, 23/24 Jan 2018.
3	State Level Workshop on: “Anger Management” Organized by Sir Parashurambhau College, Pune - Sponsored by Board of Student Welfare, S.P.P.U., Pune. (17 th Feb 2016).
4	3 days’ Workshop on: “Art Based Therapy”, Rubaru: ‘Re-evaluative Co-counseling’, Hypnotherapy ‘Dance Movement Therapy ‘Organized by Savitribai Phule Pune University, Pune, and Department of Psychology held on February (2 nd April 2015).
5	One day Workshop on: “Self Hypnosis Workshop” Illuminations Well-Being Center, Pune, India (3 rd Feb 2015).

E) State Level Conference

Sr No	State Level Conference
1	Swayansiddha Yuvti Snmelan, 6 to 9 Dec 2017 Shardabai Pawar Mahila Mahavidyalaya, Baramati – Pune.
2	Shri Pancham Khemraj Mahavidyalay, Sawantwadi State level Conference, Theme: Post - Covid Wellbeing and Challenges, 3-4 Feb 2023.
3	Paper Entitled: “Stress of secondary and Higher secondary Teacher” Presented At: Chandmal Tarachand Bora College, shirur, Department of psychology And B.C.U.D sponsored, state level conference on “youth’s Adjustment- Expectations, problems and intervention” (29th & 30th Dec. 2014).
4	State Level Annual Conference on: “Applications of Psychology for the 21 st Century” 2 nd National and 29 th State Level Annual Conference, Marathi Manasshastra Parishad, (27 th

	and 28 th Dec. 2014)
5	State Level Annual Conference on: M.Phil. in Economics under the Faculty of Psychology and Sociology of Savitribai Phule Pune Vidyapith. To be submitted for graduation Thesis MAH/MUL/03051/2012,ISSN-23199318, Issue- 50,Vol-07, April to June 2024, Peer Reviewed Vidyawarta, International Multilingual Research Journal, Impact Factor 9.29 (IIJIF).

F) National Level Conference Paper Presentation

- 1] Paper Entitled: “study on stress of secondary Teacher’s” Presented At: Shreemati Nathibai Damodar Thackersey Women’s University, National Level Student led Conference (13th & 14th March 2015)
and

G) International Level Conference

Sr No	International Level Conference
1	Journal of Research and Development a Multidisciplinary International Level Referred and peer Reviewed Journal Impact factor 7.265, ISSN: 2230 – 9578, 20 April 2022, Volume – 13, [22/4/2022]
2	One Day International Multi-disciplinary Conference, LATE RAMESH WARPUDKARARTS, COMMERECE AND SCIENCE COLLEGE, NILANGA. International Journal of Advance and Applied Research [IJAAR] Peer Reviewed Journal Impact factor 7.328, ISSN: 2347-7075, Vol. 2Issue – 1[19/4/2022]
3	International Journal of Advance and Applied Research [IJAAR] peer Reviewed Journal Impact factor 7.328, ISSN: 2347-7075, Vol. 2Issue – 1[20/4/2022]
4	Participation Certificate Worked as a Volunteer: Eighth India International Geographical Union (IGU) Conference.
5	International Conference on March 2024 has participated as presented paper a comparative study of marital adjustment and mental health of women in joint families and women in separate families. UGC Care Listed, ISSN No.2394-5990, March 2024.

H) Seminar

Sr No	Seminar
1	One day Seminar on : “Science Awareness “organized by Samarth Bharat Abheyan , N.S.S. & Maharashtra Andhashraddha Nirmulan Samiti, Nasik. Quality Development Program on: “Seminar of Best Research Dissertation” Presentation held on Meer’s MIT B.Ed. College and University of Pune (15 th Sept 2012).
2	One day Seminar on: “The Exhibition of the world, Indian and Iranian Famous Psychologists, Careers & Photos” held on 11 th October, 2011 Organized by Department of Psychology, University of Pune in Collaboration with Iranian students, Psychological

	Association at Pune (15PARP).
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I) National Seminar

1] Inter Disciplinary National Seminar On: “Tourism: Geographical, Economic and Psychological Aspects” Organized by SNDT College (Arts and Commerce College for Women) 4-6 Nov 2015.

J) Training of women and college students was taken

1] Conducting an informative and thoughtful Training Course – Parlor, Liquid Soup, Phynel, Hand Wash, Room Freshener, on dated, 26th and 17th Feb 2019. Flower Making, Jewelry Making, Rangoli

K) Training Participation

Sr No	Training Participation
1	One Month Cultural Program Training on “Freedom Movement of India from 1857 to 1947” on the occasion of Inaugural ceremony of ‘Ashamed – 2007’ organized by Y.C.M. Open University, Nasik on 27 th November 2007 in The presence of the Humble President of India.
2	Capacity Building Training program: “Early Identification of Psychiatric, Symptoms an Integrative Approach” Organized by NGO Resource Center, Karve Institute of Social Service, (on 5 th April 2016).
3	CEOP Training Course on: “Introduction to child Safeguarding Training” Organized by CEOP, A National Crime Agency Command (14 th February 2015).
4	15 days program on: “Soft skill Development Programmed” K.S.K.W. Arts, Science & Commerce Nasik.

L) INTERNSHIP :

Sr No	INTERNSHIP
1	Internship for 5 th to 9 th standard student. Internship of 6 Month Including Counseling to 40 students.
2	Internship for 2 nd to 7 th standard student. Internship of 6 Month Including Counseling to 30 Students.

M) OTHER ACTIVITY:

Sr. No.	OTHER ACTIVITY
1	Participation Certificate of Reading Aloud Competition: S.N.D.T. Women’s University Branch Library, Pune (14 th October 2015).
2	Second Prize in Music Competition (College Level): Sant dnyeshwar Adyapak Vidyalay, Mahavidyalaya, Kondhapuri, Tal- Shirur, Dist- Pune.
3	Third Prize in Drawing Competition. Shree Jivheswar Youk Utkarsha Sanstha, Nasik.

	(17 th Jan 1999).
4	O.S. Grade in Rangoli: Jan Shikshan Sansthan, Nasik (25/4/2011 to 4/5/2001).
5	O.S. Grade in Flower making: Jan Shikshan Sansthan, Nasik, Institute of People's Education, Nasik (27/2/2011 to 22/3/2001).
6	Radio Talk- Positive Air and Health, Good Study Habit Stress Management, Thought Process Affect in Mental Health, Anger Control, Self-talk.
7	Workshop Conduct- How to Write Paper, Positive Self-Talk, Motivation, Confidence, Face to Problem, Smart Girl.
8	Tasting School And Collage - Teachers self-Confidence, Emotional Intelligence, Anxiety, Stress, Personality
9	Worked as Guest Lecturer/Resource Person

N) COURSE:

Sr. No.	Exam	Year of passing	Board/University
1	MS-CIT	22 nd October 2007	Mumbai
2	English Typing 30 W. P.M	8 th September 2008	Pune
3	English typing 40 W. P.M	10 th March 2008	Pune
4	Marathi Typing 30 W. P.M	2018	Pune

O) Job experience

Sr.No	Job Experience	Duration
1	Shardabai pawar mahila Mahavidyalaya, baramati- Assistant professor and counsellor.	3years' experience.
2	Maharashtra Shasan, Sarvajanic Aarogya vibhag, Sangli – Carona Patient and Relative Counseling	5 Month
3	Rayat Shikshan Santa's, Mahatma Phule Mahavidyalay, Pimpri.	2Years
4	The Digital Empowerment Course Conducted in the month of June.	2 Month

P) Involvement In Departmental / Institute Level Activity

- 1] Participation in YCMOU – CAP for Psychology – April-May-2024.
- 2] Participation in Mahatmaphule Collage Pimpri, Pune. CAP for Psychology- April-May-2024.

Q) Membership of Scientific and professional Society's

- 1] Marathi Manasshastra parishad, Pune.
- 2] Marathi Sahitya Parishad, pune.

R) Awards

- 1] Samajratn State Level Award. 2023

- 2] Maharastrachi ranragini State Level Award.
- 3] Golden Award. National Level Award[2].
- 4] Hirkani State Level Award.
- 5] Outstanding Achievement College Level Award
- 6] Samajbhushan State Level Award.
- 7] Outstanding individuals Achievement and inspire award. National Level Award.
- 8] Savitribai Phule State Level Award.
- 9] Inspire Award
- 10] Aadrsh Shikshak Award
- 11] Savitribai Phule Award

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