ISSN - 2348-2397 UGC CARE LISTED JOURNAL

Shodh Sarita

January-March, 2021 Vol. 8, Issue 29 Page Nos. 68-73

AN INTERNATIONAL BILINGUAL PEER REVIEWED REFEREED RESEARCH JOURNAL

GENDER DIFFERENCES IN EMOTIONAL INTELLIGENCE AMONG MALE AND FEMALE STUDENTS.

Dr. Lohote P.K.* Dr. Paneru U. P.**

ABSTRACT

The present study purpose of finding out gender differences in Self Emotion, Other emotion, Self Emotion Management, Other Emotion Management of college students. The present study based on the Descriptive under survey method. Convenience sample method used for this study. This research was conducted on 30 students of F.Y.B.Com class (15 men and 15 women) of Mahatma Phule Mahavidyalaya, Pimpri, Pune. Emotional intelligence was evaluated through The Emotional Intelligence Inventory which is developed by Dr. S.K. Mangal and Mrs. Shubhra Mangal to assess the level of Emotional Intelligence.

The Emotional Intelligence evaluation is 100 test statements for being responded to as Yes or No. The four-factor competencies consist of Self Emotion, Other emotion, Self Emotion Management, Other Emotion Management. The assessment provides an overall emotional quotation (EQ) score as well as a score in each of the four emotional intelligence factors. Independent Samples test used for the data analysis. It's can be conclude that (EI) Self Emotion, Other Self Emotion, Self Emotional Management, Other Self Emotional Management is not different from girls' and boy's students except self-emotion.

Keywords: Self- Emotion, Other emotion, Self Emotion Management, Other Emotion Management, Male, Female.

Introduction:

This word is derived from the Latin word 'Emovere' which means 'to stir up' or 'to excite'. Thus emotion can be understood as an agitated or excited state of our mind & body. Many psychologists have defined emotion in their own way. As per McDougall (1949), emotion is an affective experience that one undergoes during an instinctive excitement. The emotions are the product of individual perceptions and feeling is the core of an emotion. Emotion is often intertwined with mood, temperament, personality, disposition, and motivation. Emotions are complex.

According to some theories, they are a state of feeling that results in physical and psychological changes that influence our behavior. Our emotions play an important role in guiding & directing our behavior. Every person is born with some innate emotions which is liable to be developed or damaged as a result of one's experience.

Emotional Intelligence The concept of emotional intelligence has its origins in the work of Thorndyke who identified that it was discrete from academic intelligence and was a necessity in order to be successful in the practicalities of life. Two types of emotional intelligence were

*Director of Physical Education and Sports Mahatma Phule Mahavidyalaya, Pimpri, Pune- 17

**Director of Physical Education and Sports PDEA'S, Annasaheb Waghire Science, Arts and Commerce College, Otur, Junnar,

Vol. 8 ◆ Issue 29 ◆ January to March 2021

SHODH SARITA

QUARTERLY BI-LINGUAL RESEARCH JOURNAL

